



bettertogether³

Social Emotional Learning CORE Curriculum Impact Evaluation

2022-2023

School Year



**An Innovative SEL
Program for the
Shifting Needs of
School Communities**

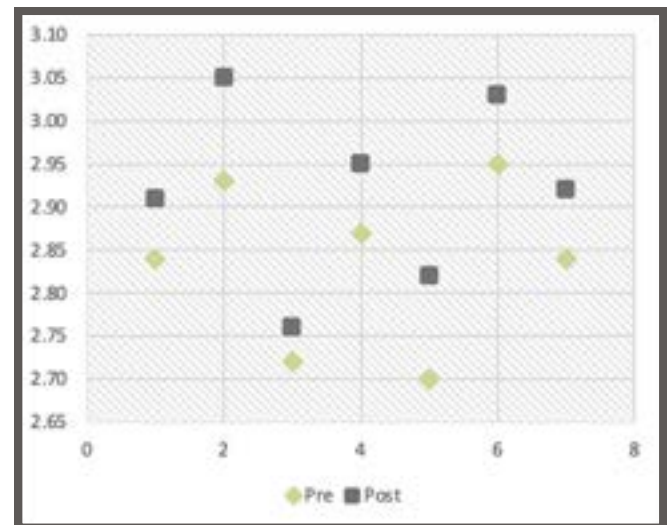
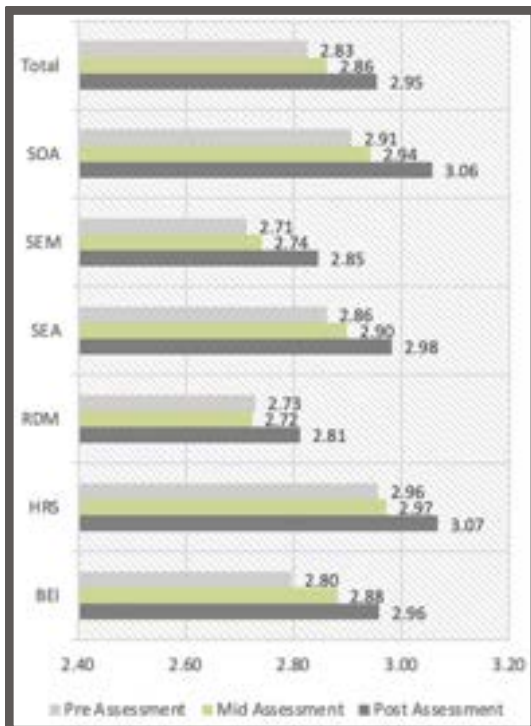
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bettertogether³

An evidence-based social emotional learning program focused on developing students who maintain healthy relationships, self-regulate their emotional health, and show up with compassion and empathy.

Study Design and Outcomes An observational study was completed during the 2022-2023 academic year to demonstrate significant, measurable improvement in the six aforementioned areas of SEL. The two large participating schools were from a large metropolitan area and had divergently different student populations according to race, ethnicity, and socioeconomic backgrounds. School A and B represented ~390 students from grades 6-8 (School A) and K-2 (School B). Both schools administered student assessments before beginning the curriculum in the fall, then again in late spring after completing the curriculum. School A also did a mid-year assessment.

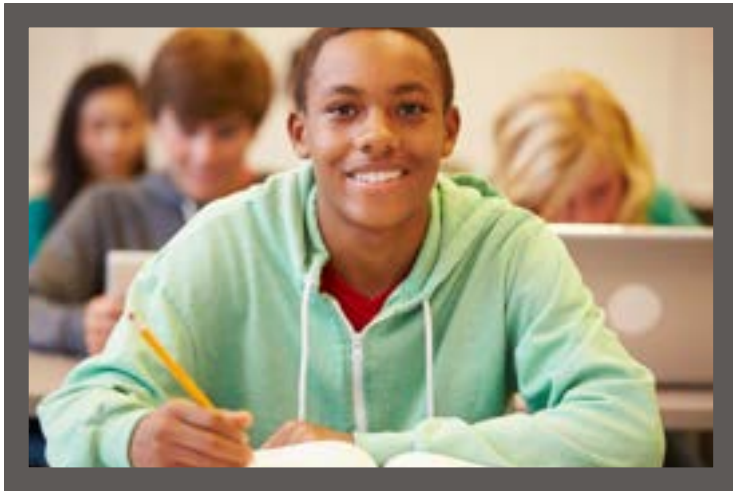


Study Results Statistical tests were performed to determine whether students became more confident in SEL categories from the beginning of the curriculum to the end. Students in School A demonstrated significant, positive change in all six SEL categories from the start of the school year to the end. The study results also showed change at the point of a mid-year assessment. For School B, students reported significant, positive change in three SEL categories. Both schools started the curriculum in the fall and concluded in late spring.



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Conclusion This study reinforces earlier research from 2021-2022 demonstrating the positive impact of the bettertogether³ curriculum. While this study focused on students in grades K-2 and 6-8, previous studies show success in all grades including high school. When delivered at a minimum of three times weekly, and guided by educators who consistently evaluate student progression in each area of SEL, the bettertogether³ results in improvement of SEL among most students. At a time of recovery from major disruption from the COVID-19 pandemic, targeted, proven support for social and emotional health is essential.

